



### **Educational Resources for Homeschooling Children during COVID-19**

compiled by the Child and Adolescent Psychiatry Department

#### **Talking to Kids about COVID-19**

- [7 scripts to talk to kids about the coronavirus](#)
- [Coronavirus Q&A's: Answers to 7 questions your kids may have about the pandemic](#)
- [A 12-minute podcast by therapists on age appropriate conversations about COVID-19 with kids](#)
- [Talking to kids about the coronavirus](#)
- [Talking to children about COVID-19 \(Coronavirus\): A Parent Resource](#)

#### **Read-Aloud Stories**

- [Storytime Anytime](#) is a video channel that reads children's books aloud
- [Brightly Storytime](#) is a video channel that reads children's books aloud and organizes books by age of the child

#### **Free Coloring Sheets and Craft Ideas**

- [All Kids Network](#) has worksheets, color pages, mazes, and dot-to-dot pictures available for free
- [You Can Draw](#) provides fill in the blank comics and drawing/writing prompts
- [Crayola](#) has coloring pages available for free downloads

#### **Educational Resources**

- [Scholastic](#) offers free learning materials for students from PreK-ninth grade. Each day students get a few new tasks, such as reading a book or article, watching a video, and completing a few activities
- [GreatSchools](#) has math, spelling, reading, counting, and science worksheets available for free for children in PreK-fifth grade
- [PBS For Kids](#) provides free activities for kids divided by topic and age group
- [Education](#) provides educational games for kids divided by topic and age group
- [Saint Louis Public Schools](#) offers resources for kids Pre-K through 12<sup>th</sup> grade

#### **Exercise**

- [GoNoodle](#) offers free movement, yoga, and mindfulness videos
- [Debbie Doo Kids TV](#) is a youtube channel offering movement routines to simple songs
- [Cosmic Kids Yoga](#) offers a collection of yoga routines presented as adventures for kids
- [Zumba with Dovydas](#) is a youtube channel that offers Zumba classes for kids

#### **Activities**

- [The City Museum](#) offers videos Monday-Friday to share stories, offer free art classes, and entertain kids
- [Kids Out and About](#) provides 250 ideas for games and activities



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## SCHOOL OF MEDICINE

- [Activities for Preschool Age Children](#) provides tips and links to different activities organized by subject
- [Cassie Stephens Art](#) provides daily art projects via video for kids
- [LEGO Challenge](#) offers daily lego challenges for kids